

Are you a grandparent providing child care for a grandchild under five?



ZERO TO THREE
Early connections last a lifetime



Sign up to learn more! Let us know your interest in our workshop series!

Want to learn more about how to make the most of
your time with your grandchild?

Connect with other grandparents?

Catch up on the latest info on raising little ones?

Attend *Appalachian Promise Alliance's* grandparenting
workshops and celebrate the joy of this special relationship.

What: 7-session grandparenting program

Who can enroll: Grandparents raising a grandchild, birth
to five years of age

When: See Appalachianpromisealliance.org/grandparents/
for workshop dates, or scan with your phone camera:

Where: Online and/or In-person

Cost: Free!

What you'll do:

- Connect with other grandparents caring for a young grandchild.
- Find new ways to help your grandchild learn through playtime.
- Discover how to calm your little one when they are overwhelmed (and learn other strategies for managing challenging behavior).
- Share *your* tips on child development: mealtimes, sleep, screen time, and more.



We hope you'll join us. For more info, please contact:
ParentingSweet@AppalachianPromise.org

ZERO TO THREE's mission is to ensure that all babies and toddlers have a strong start in life.
Visit: www.zerotothree.org